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Emotionally Healthy Twins: A New Philosophy for Parenting ...

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Emotionally Healthy Twins: A New Philosophy for Parenting Two Unique Children eBook: Joan Friedman: Amazon.co.uk: Kindle Store

Emotionally Healthy Twins: A New Philosophy for Parenting ...

Emotionally Healthy Twins: A New Philosophy for Parenting Two Unique Individuals Joan A. Friedman (2008). Da Capo Press, Life Long Books, 224 pp., US\$15.95, ISBN 13 978 0 7382 1087 2 - Volume 11 Issue 2 - Danielle Cath

Emotionally Healthy Twins: A New Philosophy for Parenting ...

Emotionally Healthy Twins: A New Philosophy for Parenting Two Unique Children. This book is a guide from pregnancy through young adulthood. The author is a twin, a mother of twins and a psychotherapist specialising in the treatment of emotional issues of multiples. She discusses seven key parenting guidelines to help the twins develop into unique individuals and offers parents strategies for each stage of their children's growth, from birth to young adulthood.

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Most parents try to treat their twins as individuals, but most unwittingly undermine their best intentions because they lack a practical set of guidelines for raising emotionally healthy multiples. Drawing on her unique experience as a twin, the mother of twins, and as a psychotherapist, Dr. Joan A. Friedman outlines the seven key concepts for helping twins develop into self-realized, unique ...

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